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## EXERPEUTIC 900XL OWNERS MANUAL

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exerpeutic 900 XL The automatic front wheel brakes are not required when training on the bike. When the exercise bike is locked, the computer will record the number of cycles completed. In any mode, if the computer does not stop the bike, pull the handlebar and press both red buttons. If the computer stops the bike due to a Power Cable Fault, pull the handlebar, press both red buttons and the power cable. Pull the Handlebar (18) with both hands until the Wheels (56) on the Front . The exerciseprogram will be

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customized for each user to provide the ideal exercise mix for that particular exercise program. The exercise program will be adjusted according to your responses to the questions and your goals set during the enrollment. A 3 and 3/4 inches diameter diameter rod is required and must fit into the junction box in the back of the bike. This belt is attached to the friction wheel through a pulley. The exercise program will be customized for each user to provide the ideal exercise mix for that particular

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exercise program. The exercise program will be adjusted according to your responses to the questions and your goals set during the enrollment. This belt is attached to the friction wheel through a pulley. Exerpeutic 900XL Owner's Manual The Control CABLE is a power cable. The resistance generated is adjustable and the adjustable level can be set either as CONDITION or FREQ. The Resistance can be adjusted from 0 to 4000 at the end of the exercise to train for any workload. This

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resistance is activated by the adjustable level CONTROL CABLE. The resistance generated is adjustable and the adjustable level can be set either as CONDITION or FREQ. The Resistance can be adjusted from 0 to 4000 at the end of the exercise to train for any workload. How do I set the resistance on the exerpeutic 900XL. How do I set the resistance on the exerpeutic 900XL. The amount of resistance generated is not adjustable. Note: The resistance is adjustable by altering the length of

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the CONTROL CABLE. The resistance generated is adjustable and the adjustable level can be set either as CONDITION or FREQ. The Resistance can be adjusted from 0 to 4000 at the end of the exercise to train for any workload. This resistance is activated by the adjustable level CONTROL CABLE. The resistance generated is adjustable and the adjustable level can be set either as CON

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